

Vasectomy Center – Seattle * Eastside * Shoreline

Specializing in No-Needle No-Scalpel Vasectomy

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Swedish Issaquah Campus * Swedish Greenlake Clinic * NW Men's Health Shoreline Clinic
(425) 394-0773 www.vasectomyclinic.com

INSTRUCTIONS FOR YOUR POST-VASECTOMY SEMEN SPECIMEN COLLECTION

(Bringing Sample to the Office)

1. Approximately **12 weeks and 20 ejaculations** (whichever occurs **later**) following your vasectomy collect one sample of your semen, after a two (2) day period of no ejaculation. This can be collected in any container convenient for you and **transferred** to the specimen cup provided. Make sure the lid is screwed on securely.
2. This is a free service we provide to our patients. You will not be charged unless you lose the cup. For drop off times and locations, **PLEASE CHECK THE SCHEDULE** at www.vasectomyclinic.com as we may not be in clinic on specific dates.
3. If you lose the sample cup you may use anything with a lid such as a pill bottle, baby food jar, 35mm film canister, etc. **Please do not** bring the sample in a condom or baggie as we will be unable to retrieve a specimen adequate to be checked and you will be asked to return with another sample in a container with a lid. **The sample should be produced on the day of semen testing. Samples must be produced no more than four (4) hours prior to us receiving your sample. Please obtain the sample prior to coming to the office.**
4. Check out website at www.vasectomyclinic.com for semen specimen drop off schedule and locations.
5. When you bring your sample into the clinic, we will call you with the results within 24 hours after the we have completed the examination of specimen.
6. If sperm are seen you will be asked to continue other means of birth control and return with a second specimen in 4 weeks.